

BARIATRIC SUPPORT GROUPS

Every patient must attend at least one support group meeting before having Bariatric Surgery. We recommend that you get involved in a support group as soon as possible since most only meet once per month. Have this sheet signed at the meeting and return to us.

Parkwest Comprehensive Weight Loss Center - Support Groups

- A.** We have one large internet support group through Yahoo Groups. Go to www.yahoo.com, and then choose Groups from the list of choices. When the box for the name of the group comes up, enter: - **knoxvillewls**. This does NOT count as attending a support group, you will have to go to one in person.
- B.** The **North Knoxville POD** meets the 3rd Thursday of the Month will meet at 7:00 PM at Fountain City Methodist Church. (Directions to Fountain City Methodist Church: Broadway to the Fountain City Lake (Duck Pond), Turn Left at Hotel Ave. The Church Parking will be on your left.) Sandra Hatcher and her husband Leroy Hatcher are the moderators for this group.
- C.** The **West Knoxville Support Group** meets the third Monday of the month at 6:00 pm. The meeting is held at the Cedar Bluff Branch Library located at 9045 Cross Park Drive. The group focuses on post-operative individuals from 6:00 – 6:30 pm but everyone is welcome to attend during this time. We focus on individuals who are pre-operative and those who are interested in having bariatric surgery from 6:30 – 7:30 pm. For more information call Cheryl Wellington, the moderator at 454-2761 or 693-7124. Directions: Go on Cedar Bluff Road, turn on Cross Park Drive. The library will be on your left after the four way stop directly past Arbor Terrace.
- D.** The **Oak Ridge POD** meets the second Saturday of the month at 10:00 am at the Methodist Medical Center conference room A. Directions: Take Pellissippi Parkway to Oak Ridge. Pellissippi turns into Illinois Ave. Take the first right onto Lafayette. Go through the lights and turn right onto Oak Ridge Turnpike. Turn left at signal light #5 which will take you by day surgery. Turn right into the parking lot. Follow signs to the outpatient entrance.
- E.** The **Sequatchie Valley Weight Loss Support Group** will meet in Whitwell City Hall. Contact Angela Givens for more information (423-658-0724).
- F.** The **Sevierville Bariatric Support Group** will meet on the 3rd Monday of each month at 7 PM at the Echota Resort Clubhouse on Hwy 66. Directions: From Exit 407 go to towards Sevierville 7 miles to Echota Resort on Left side of Hwy, after turning into resort go right past the wedding chapel, up the hill, and the clubhouse will be on your left. From Sevierville go toward interstate 40, 2 miles resort will be on your right. Call moderators Cindy Koontz (865-453-6841) and Mickey Koontz (865-712-3287) for more information.
- G.** The **Blount Count Bariatric Support Group** will meet at the Pellissippi State Community College Blount Campus on the second Saturday of every month at 10:00 am. You may go to the Pellissippi college website for a map and directions. www.pstcc.edu/blount_county. Take Alcoa Hwy from Knoxville past McGhee Tyson Airport on your right, take the right fork staying on US 129, Exit right immediately past Walmart. Campus will be on your right. Address of the college is Middlesettlements Rd in Alcoa. Katherine Hamby is the moderator, meeting is in the main building
- H.** The **Lap Band Support Group** will meet the 4th Thursday of each month at Church Street United Methodist Church downtown Knoxville at Henley Street and main Street from 6:30 – 8:00 PM. Room 124 in the Church Life Center, the building with the gymnasium. Marc Gamble is the Moderator and can be contacted at 865-604-8239 for more information or questions.

I _____ certify that _____ has attended the
_____ Support Group on _____.