



## Bariatric Support Groups

**Every patient must attend at least one support group meeting before having Bariatric Surgery. We recommend that you get involved in a support group as soon as possible since most only meet once per month. Have this sheet signed at the meeting and return to us.**

- A. We have one large internet support group through Yahoo Groups. The web address is: <http://health.groups.yahoo.com/group/KnoxvilleWLS/>. This does NOT count as attending a support group, unless specifically cleared by your surgeon at the time of your consult in our office.
- B. The **Smokey Mountain Obesity and WLS Support Group** meets on the 1<sup>st</sup> Monday of the month from 6:30-8:00 at Fort Sanders Sevier in classrooms 2 and 3.
- C. The **Parkwest Bariatric Support Group** meets on the 1<sup>st</sup> Tuesday of each month at 6:00pm in the Education Classrooms located on the main floor of Parkwest Hospital.
- D. The **Gastric Band Support Group** meets on the 2<sup>nd</sup> Monday of each month from 6:00-7:00 in the Education Classrooms located on the main floor of Parkwest Hospital.
- E. The **Roane County Support Group** meets on the 2<sup>nd</sup> Monday of each month at the Roane County Community Center, Room B from 7:00-8:00.
- F. The **Oak Ridge Bariatric Support Group** meets on the 2<sup>nd</sup> Saturday of the month at 10:00am at the Methodist Medical Center Conference Room A.
- G. The **Blount Count Bariatric Support Group** meets at the Blount County Library on the 2<sup>nd</sup> Saturday of every month at 10:00 am.
- H. The **Lafollette Bariatric Support Group** meets on the 3<sup>rd</sup> Monday of each month at the Rec Center in Lafollette at 7:00pm
- I. The **Sevierville Bariatric Support Group** meets on the 3<sup>rd</sup> Monday of each month at 7:00pm at the Echota Resort Clubhouse on Hwy 66.
- J. The **North Knoxville Bariatric Support Group** meets the 3<sup>rd</sup> Thursday of the Month will meet at 7:00 PM at Fountain City Methodist Church.
- K. The **Monroe County WLS Support Group** meets at the Grand Vista Hotel main lobby meeting room on the 4<sup>th</sup> Saturday of each month at 10:30am.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Moderator Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Directions and Contact Information

- **Parkwest / Gastric Band** - You may park at the Physicians Plaza 9330 Parkwest Blvd. When facing the Physician's Plaza building there is a set of automatic sliding doors to your right that connects to Parkwest Hospital. Enter through those sliding doors and turn right. Turn right again at the end of the hall and the education classrooms will be on the left in front of the glass windows. You may contact Jennifer Spencer, moderator at [jen\\_spen\\_99@yahoo.com](mailto:jen_spen_99@yahoo.com) for more information.
- **Smoky Mountain Obesity and WLS:** From I-40 – Take exit 407 toward Smoky Mountains/Gatlinburg/Sevierville. Turn right at The Great Smoky Mountains Pkwy/TN-66/Winfield Dunn Pkwy. Turn Left on Main Street/Dolly Parton Parkway. Go Right on the new Veterans Blvd at the Kentucky Fried Chicken (after Middle Creek Road traffic light). Go through first traffic light. Go left at next road which is Middle Creek Road. Hospital is on the right. Go in main entrance in the middle of the hospital at main level. You will see a sign leading to support group in Classrooms 2 & 3 to your left. Moderator is Marilyn Lynch. You can contact her at 250-9354 or [Nsg4Him@aol.com](mailto:Nsg4Him@aol.com).
- **Roane County:** The Roane County Community Center is located across the street from Roane County High School. Follow the signs posted on the outside of the door. Melissa Sykes is the moderator and can be reached by email at [MrsKSykes@aol.com](mailto:MrsKSykes@aol.com)
- **Oak Ridge :** Take Pellissippi Parkway to Oak Ridge . Pellissippi turns into Illinois Ave. Take the first right onto Lafayette . Go through the lights and turn right onto Oak Ridge Turnpike. Turn left at signal light #4. The hospital will be on your left. Turn into the parking lot. Go to the double sliding glass doors. Inside there will be reception desk with elevators to the right of the desk. Follow the hall to the right of the elevators to the third conference room on the left. Signs will be posted. Contact Carolyn Adcox at 435-6278 or email [jetdry37763@yahoo.com](mailto:jetdry37763@yahoo.com)
- **Blount County:** From Knoxville, take the 129 bypass left at Anderson Lumber Company. Continue to 5th red light. Turn left into the Blount County Public Library. Blount County Public Library, 508 Cusick St. Maryville Tn. Katherine Hamby is the moderator and can be reached at 982-0981
- **Lafollette:** From I-75: Go up I-75 North to exit 134 and turn onto Hwy 63 East/ 25W North. Go about 7 miles to red light #6, 9th Street, make a right and the Rec center is on the left. Go in the main entrance and make a right and we will be in the small craft room on the left. From Speedwell, Middlesboro or Tazewell: Go Hwy. 63 West to the 5th red light, which is red light #6, 9th Street. Make a left and the Rec center is on the left. Go in the main entrance and make a right and we will be in the small craft room on the left. Contact Dorothy Morgan at 423-566-2298 or [dmlibra@comcast.net](mailto:dmlibra@comcast.net)
- **Sevierville:** From Exit 407 go to towards Sevierville 7 miles to Echota Resort on Left side of Hwy, after turning into resort go right past the wedding chapel, up the hill, and the clubhouse will be on your left. From Sevierville go toward interstate 40, 2 miles resort will be on your right. Call moderators Cindy Koontz (865-453-6841) and Mickey Koontz (865-712-3287) for more information.
- **North Knoxville:** Sandra Hatcher and her husband Leroy Hatcher are the moderators for this pod. Directions to Fountain City Methodist Church: Broadway to the Fountain City Lake (Duck Pond), Turn Left at Hotel Ave. The Church Parking will be on your left. For information call Sandra or Leroy at 687-9180.
- **Monroe County:** Meetings will be held at the Grand Vista Hotel in the Tellico West Industrial Park just outside of Vonore TN. From Hwy 411 go North on Hwy 72 one mile to the South Entrance to the Industrial Park, then turn left just before the Fire Barn and drive behind the Fire Station, then Left again into the Grand Vista Hotel drive. Come into the Lobby and we meet in a small conference room next to the kitchenette. For more information you can call Grant Fetters at 423-442-3731