

## CONSULTATION APPOINTMENT

Please make these preparations for your 1st appointment with your surgeon.

1. We will need to perform some tests to evaluate and prepare you for surgery. The cost of these is in addition to your consultation. Please follow the instructions below. If you cannot complete all of your tests on the day of the 1st consultation, you may reschedule to have them done at a later time; however, this may slow down the process of preparing and getting your approval for surgery.
2. Do not take any Antibiotic, Pepto-Bismol or Proton Pump inhibitors 14 days prior to your visit with us. Proton Pump inhibitors includes, but are not limited to Nexium, Prilosec, Prevacid, Protonix and Aciphex. You will not be able to complete all your screening tests on the consult day if you have taken any of these medicines in the last 14 days. If you usually take any of the medications above, please switch to a histamine-2 (H2) Blocker during this time. These include Axid(nizatidine), Pepcid(famotidine), Tagamet(Cimetidine), and Zantac(ranitidine) If you do not take any medications for acid reflux, then follow instructions in # 3 only.
3. Do not take anything by mouth 4 hours prior to your visit; this includes coffee, water, coke and diet coke products, any type of food and tobacco.

If you have any questions, please feel free to contact us or ask your pharmacist to make sure whether or not the medicine you are taking is a Proton Pump Inhibitor or a H2 Blocker.

If you do not have insurance you will be asked to cover the cost of the test before it is performed. Depending on the tests ordered for you and the type of insurance you have, you may need to pay toward the testing prior to us performing the test.

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