



Thank you for expressing an interest in
New Life Center for Bariatric Surgery.

You are entering the first of several steps toward exploring whether Bariatric Surgery is the right treatment plan for you.

The path of Bariatric Surgical Treatment is a partnership between our practice and you. It requires diligence and commitment from us both. **Keep this check list to help you through the process.**

These are your next steps

1. ____ Call your insurance and ask if you have coverage for Weight Loss Surgery.
2. ____ Call our office to schedule your appointment for consultation with your surgeon.
3. ____ Complete the included forms and bring, or Fax (865-588-3742) them to the office. We encourage that all patients arrive 15 minutes prior to their appointment to allow time for registration. **WE MUST HAVE YOUR COMPLETED PACKET WHEN YOU ARRIVE FOR YOUR APPOINTMENT.**
4. ____ Obtain labs, tests and clearances as ordered by your surgeon and/or required by your insurance.
 - a. ____ This may include 6 months of Medically Supervised Diet which you can do through your Primary Care physician or through the Covenant Weight Management Center that is located in our office building. We will help you arrange getting started if needed.
 - b. ____ Psychology Clearance
 - c. ____ Primary Care Clearance Letter
 - d. ____ Other Physician Clearances
 - e. ____ Our office will send a letter to request approval from your insurance company for your surgery.
5. ____ Approval letter received from insurance.
6. ____ Join and pay for Surgical Weight Loss Program. Cost is based on type of insurance, see Sheet on Bariatric Surgical Program Financial Information in this packet.
7. ____ Choose Surgery Date.
8. ____ Attend 4 hour education class.
9. ____ Attend at least one support group meeting before surgery.
10. ____ Consultation with Exercise Physiologist.
11. ____ Final pre-op check up with Premier's Nurse Practitioner
12. ____ Go to the hospital to pre-admit. (this should be 2 weeks before surgery)
- 13. Have Surgery !!!**

200 Fort Sanders West Blvd, Building 1, Suite 200, Knoxville, TN 37922
Phone 865-694-9676 Fax 865-588-3742

(Fort Sanders West is off of Kingston Pike next to Pellissippi Parkway)

Feel free to call on us for assistance as you make the Journey to Bariatric Surgical Treatment.